

EDUCATION SERVICES

HOW TO BEGIN:

All clients start with a private, personalized assessment.

Walk-in assessment hours: Monday thru Friday 8:30 am – 2:00 pm

Location: 820 S. Martin Luther King Jr. Blvd., Hamilton - (513) 887-8500

PAYMENT OPTIONS:

Medicare, Medicaid and other State-Financed Health Insurance, Private Health Insurance*, assistance available for those meeting indigent qualifications, and Private Pay (cash, check, credit card).

We also offer a sliding fee scale for clients who pay out-of-pocket.

*For any financial questions or to see if we accept your insurance, contact:
Molly Hartel, Phone: (513) 868-5137, Email: MHartel@Community-First.org*

ANGER MANAGEMENT

This program is for individuals who have committed a violent or threatening offense (non-partner violence).

PROGRAM DETAILS:

- Participants receive assessment to determine level of care based on risk to re-offend.
- Group counseling, lecture, and educational materials allow participant to address issues on the following topics; Self talk, faulty beliefs, anger as a cover up, etc.
- Separate groups for men and women have been established to focus on gender specific issues.
- Ongoing treatment plan developed before completion of program. Plan outlines action steps to be taken if participants have future issues in this area.

SEX OFFENDER PROGRAM

This program is for individuals who have committed a sexual offense.

PROGRAM DETAILS:

- Participants receive a dual assessment to determine treatment needs, followed by a sexual offender risk assessment to determine appropriateness for the sexual offender program.
- Group counseling, lecture, and educational materials allow participant to address issues on the following topics; responsibility for offense, behavior changes, modify thinking, develop healthy interpersonal and relationship skills, etc.
- Group and/or individual treatment for all who have been recommended.
- Ongoing treatment plan developed before completion of program. Plan outlines action steps to be taken if participants have future issues in this area.

CORRECTIVE THINKING

This program is to aid clients who have problems with judgment skills, problem-solving techniques, communication skills, boundaries, thinking errors, and difficulty dealing with stress.

PROGRAM DETAILS:

- The groups meet weekly using the TruThought curriculum.
- Focus on critical thinking issues, thinking errors and entitlement issues that are often at the root of theft and other property crimes.
- The program is an integrated, cognitive behavioral change program that includes cognitive restructuring, social skills development, and problem solving skills.
- Participants separated by risk level and gender, however they follow the same format and curriculum.
- Referral Partners: Courts, Agencies, Community Corrections/Probation & Parole Officers

DIVERSION & COUNTERMEASURES

This full day educational program is geared toward misdemeanor offenses such as open container violations, underage consumption, and possession of drug paraphernalia.

PROGRAM DETAILS:

- The program consists of a screening and a class.
- Location: Oxford Area Courthouse, 118 W. High St., Oxford, OH 45056
- For registration and online payment, email: CBHReferrals@Community-First.org

THEFT INTERVENTION CLASS

This class is for individuals who have been arrested for theft or a related charge.

PROGRAM DETAILS:

- The theft program sets out to address behaviors, such as entitlement and thrill seeking, that are often driven by stress and frustration. The program emphasizes personal responsibility.
- Curriculum is based upon principles established by the National Corrective Training Institute.
- Workshop topics include (but not limited to): personal stories, identification of stress and stress management, and wellness, rationale for behavior, impact on society and community, anger reduction, substance abuse and entitlement issues, a review of budget skills, and the actual cost of the offense(s) factoring in legal process, attorney costs, etc.

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- Clients will be informally screened to determine if they need an Alcohol and Drug Assessment or a Mental Health Assessment to address more profound issues that may be the source of their instant offense.

EXPANDED THEFT PROGRAM

This program offers a more in depth curriculum designed to provide greater focus on the issues addressed in the Theft Intervention Class.

PROGRAM DETAILS:

- Combines the one-day Theft Intervention Class along with a weekly group program.
- Weekly groups use the TruThought curriculum for Corrective Thinking.
- Curriculum focuses on critical thinking issues, thinking errors and entitlement issues that are often at the root of theft and other property crimes.

SUBSTANCE ABUSE EDUCATION

This program is for individuals with a diagnosis of substance use disorder, or mild substance use disorder can be referred to this program. This group is especially useful for clients who may be under-reporting substance use during assessments, which prevents an accurate Substance Use Disorder diagnosis, since the individuals within this group will be screened for possible referral to a higher level of care.

DOMESTIC VIOLENCE – OFFENDERS

This program is for men who have engaged in partner violence.

PROGRAM DETAILS:

- This Intervention Group combines group process, intervention and education on the coercive use of intimidation, emotional abuse, isolation, minimizing, denying, and blaming.
- Program addresses power and control issues in both a personal and social context through gender-based expectations, beliefs, and attitudes.
- This model acknowledges that violence is a learned behavior and can be unlearned.

NEW PERSPECTIVE FOR SURVIVORS OF DOMESTIC VIOLENCE

This program is for women who are survivors of partner violence.

PROGRAM DETAILS:

- Combines group process, intervention and education on the improper use of intimidation, emotional abuse, isolation, minimizing, denying, and blaming.
- Focuses on safety for the women involved whether they are staying, leaving or have left the abusive relationship.
- Main Theme: The cycle of violence. The program addresses abuse in both a personal and social context through gender-based expectations, beliefs, and attitudes.
- Concurrent Mental Health and Substance Abuse counseling will be offered in circumstances where it has been identified as appropriate and necessary.
- Groups are female only.

PARENTING CLASSES

This program is for both men and women working on bettering their parenting skills and building a healthier relationship with their children.

- This program is a closed 7 week program.
- Weekly Education Topics:
 1. Behavior Change & Discipline
 2. Emotional Regulation, Personal De-escalation & Prevention
 3. Emotional Cycles
 4. Changing How We Communicate with Each Other
 5. Compromise & Conflict Resolution
 6. Being Aware & Involved
 7. Keeping Up with Your Child's Changes